

PE/Health: Year Scope and Sequence (What we will cover this school year) +A1:A1:K5										
	September	October	November	December	January	February	March	April	May	June
K-2	Classroom Orientation	Locomotor Skills/Non- Locomotor Skills	Directions, Pathways and Levels	Underhand Rolling & Throwing Games	Rhythm and Dance - scarves, lumni sticks, locomotor dances, line dancing, square dancing, cultural dances	Rope Play - short and long ropes	Parachute Play (cooperation)	Speed Stack (hand-eye coordination and sequencing)	Striking and Paddle Play - balloons, bean bags, beach balls, etc.	Favorite Games Field Day
	Playground Games and Rules	Spatial Awareness - personal space, general space	Kicking							
	Cooperative Games	Relationships with objects, and people	Jumping & Landing Thanksgiving Games Run Club							
3-5	Classroom Orientation	Locomotor Skills/Non- Locomotor Skills	Kicking - soccer	Bowling (underhand rolling) - approach, swing, follow through, bowling bingo, bowling for money	Rhythm and Dance - scarves, lumni sticks, line dancing, square dancing, cultural dances	Rope Play - short and long ropes	Parachute Play (cooperation)	Speed Stack (hand-eye coordination and sequencing)	Striking and Paddle Play - short and long handled implements	Favorite Games Field Day
	Playground Games and Rules	Spatial Awareness - personal space, general space	Thanksgiving Games							
	Cooperative Games	Soccer Skills - Creative movement, dribbling, shooting, passing	Fitness Components / Run Club							
6-8	Classroom Orientation	Soccer	Cornhole Unit	Rhythm and Dance Unit Create Your Own Dance (line dancing, square dancing, break dancing, etc.)	Health 6th Grade -Who Has the Addiction & The Sports Report	Health 6th Grade -Who Has the Addiction & The Sports Report	Game Unit nponents	Volleyball Unit Fitness Components	Basketball Unit Fitness Components	Favorite Games
	Cooperative Games	Fitness Components	Thanksgiving Games							
	Fitness Components	Disc Golf	Fitness Components							
					7th & 8th Grades - Becoming a Lifelong Learner & Substance Abuse Prevention	7th & 8th Grades - Becoming a Lifelong Learner & Substance Abuse Prevention	PE - Games			